

## CHILD PSYCHOTHERAPY

### Plenary Meeting: Child psychotherapy track

November 19, 2016

Jill Scharff, Caroline Sehon, Theresa Uecker, Flora Barragan, Henriette van Ec

- Trainees expressed appreciation for this training
- Meeting Clinical Requirements: There is no requirement to complete the clinical and theoretical work within a two year timeframe. Each trainee can pick up supervision if and when a case appears. A certificate will be given for completing the academic seminar. In year 3, a continuous case conference will continue the learning while trainees work to complete their clinical requirements. Trainees can stay involved with the IPI community in this way, and also through attendance at CORE program weekends and seminars, and at the infant observation course.
- Weekly supervision and individual therapy do incur expense. Trainees benefit most when therapy and supervision of casework overlap. This program does call for an investment of time and money. IPI has been generous in offering low tuition and need-based scholarship. Caroline suggested offering three months of case supervision at no cost to the trainee who is presenting a case, but this may not be possible. Individual supervisors set their own fees. Trainees should discuss their financial situation with the supervisor of choice and hopefully will find affordable supervision, spread over a number of years.
- Once a week clients? The trainee who is presenting may present a once-a-week case or an assessment during her assigned time-slot if she has no twice-a-week case in supervision. Faculty will respond to the fact that some trainees are in jobs where their only possibility is to work with once-a-week clients. We may offer certificates for once-a-week-therapy and for twice-a-week therapy to reflect the current situation.
- GAM Group Feedback
- Review of Caroline's participation

Jill asked: How impacted are we by lack of violations to the frame of starting on time and having everyone present? Discussion ensued which included personal reflections and difficulties with technology.

Jill asked: How effective is our experience with our GAM group? Responses ranged from helpful to uncertainty about its helpfulness.

Caroline asked: How has her participation and Anna Marie's been received by the class? The responses were positive and affirming regarding providing a positive holding space.

Caroline asked for and received feedback on her presentation about dreams .