

International Psychotherapy Institute
Steering Committee Meeting
Wednesday, February 19, 2020, 12.00pm–1.00pm
Via Zoom Videoconference*

Minutes

Present: Caroline Sehon, Charles Ashbach, Suzanne St. John, Anna Innes, Jane Garbose, Carla Trusty-Smith, Ana Maria Barroso, Jim Poulton, Michele Reed, Karen Sharer-Mohatt, Patrizia Pallaro, Lorrie Peters, David Scharff, Steve Morris

Absent: Michael Kaufman, Sue Cebulko

1. Excused absences (Sue Cebulko to chair IIPT SC)
2. Appointment of minute taker: Jim Poulton
3. Minutes of last meeting: January 8, 2020 – Minutes were unanimously approved.
4. David was welcomed as chair of the International Program
5. Executive Administrator's report: Anna
Anna reported we're getting ready for the April weekend. We've moved all of our evaluations online, and they are formatted so we can print out reports that give the evaluation summaries for each of the small groups.
6. Director's report: Caroline

a. Ethics and Colleague Assistance Committee

Caroline reported that we now have online the ethics code and the procedural guidelines for concerns or complaints. Until now we have not had an established code. Caroline will inform the faculty at large about this. Both documents have been approved by the board. They are a work in progress and may be updated from time to time.

Caroline also stated we need a separate Colleague Assistance Committee (separate from the Ethics Committee). I have approached Mike Stadter to chair the Colleague Assistance Committee. He has requested the SC to discuss his appointment. His appointment was approved by the SC members. Caroline will confirm this with him.

The Colleague Assistance Committee will not be meeting regularly, but will meet as need arises. Because of this Mike may not attend the SC every month. Caroline will discuss potential membership for the CAC with Mike. Caroline reported that she is reviewing the information from the recent faculty survey. It is clear there are some individuals who are looking to move

off of chairing certain committees, and there have been some individuals who have been chairing committees for a long period of time. Caroline said there will need to be some thoughtful reorganization of these committees. We also want young faculty to be growing into these leadership positions, with some mentorship. She said she hopes that if a committee chair wants to step down there would be a minimum of a 6 month notice, and that the chair would be available to mentor new leaders. She will communicate this in writing to all faculty members. Patrizia said she thinks this is a good plan.

b. **New APA requirements: Learning Objectives**

Caroline reported that learning objective requirements are more stringent than they used to be (more learning objectives per seminar, and we need to tag objectives to a particular session in a weekend), but still workable. Anna came up with an ingenious solution: for each GAM group we have a learning objective that ties to the previous session. Our APA standing is not in jeopardy, but we had to re-do a document for them. Patrizia asked if we can get help in developing objectives. Caroline said yes, to talk to Anna or her. But Caroline also sent out samples. Michelle said when she did her objectives, for the upcoming weekend, it made sense to put the title at the top of the objectives. Anna said she will be happy to work with faculty before Caroline reviews the substance of objectives.

c. **APsaA development**

APsaA site visitors came to IPI last October. They were very impressed with IPI society/center. They thought it was very inclusive and welcoming. They were very impressed by the caliber of the community members. They wrote this up, sent their report to the board of directors of APsaA. They did approve IIPT as an APsaA approved institute. Additionally, Sally Rosenberg at APsaA is heading up a task force to look at the offerings for psychoanalytic psychotherapists available thru APsaA members. They are trying to find ways to offer resources to psychoanalytic psychotherapists. Caroline reported she found that there is a funding stream for this kind of training thru APsaA. She talked with Anna about it. A person from APsaA will be meeting with Caroline and Anna to talk about what kinds of resources are available. Caroline will report back to the SC when she learns more about this. She was told by APsaA that this is a completely underutilized resource. Patrizia asked if we are now approved by APsaA. Caroline clarified, and said IIPT is approved by APsaA as housed within IPI.

d. **2020-2022 Conference weekends (see attached)**

Caroline sent an update on upcoming weekend conferences. She is interested in volunteers to chair and co-chair the weekends. Becky Bailey with another faculty member will chair the weekend in Salt Lake City. Patrizia volunteered to chair one of the weekends. Steve asked if we know the summer institute schedule. Caroline said yes, the dates were sent to all of the chairs of programs that have summer institutes. Caroline will send the dates to all of the SC.

7. **February Weekend Review: Michele Reed and Suzanne St. John**

This weekend is a child weekend. There will be a child immersive day beforehand.

8. Core Program: Lorrie Peters

Lorrie asked if anyone would want to volunteer to be 2-year GAM group leaders. She said there are 2 potential students for the upcoming Core program. She said word of mouth is our number one recruitment tool. She is meeting with Karen to get a schedule together for summer. She asked anyone who is interested in participating to email her. Caroline asked if the group has any ideas about recruitment. Lorrie asked what happened to the people who took the Everyday Terms course. Have we reached out to them? Patrizia said the PPP is always informing the participants they could get more if they come to the Core Program. Steve asked if we might send around an invitation to the PPP students? Something that said, here's what the Core is, let us know if you're interested. Caroline if Steve would be open to have Lorrie come to a session and spend a few minutes describing the Core. Michelle said that on the website the Core program is now in the first slot, but it doesn't say it is a foundational course.

9. International Programs: David Scharff

David joined us to talk about the International Programs. David said he has been trying to bring the International Programs to fruition for a long time. He's been running a course in China in Couple Psychoanalytic Therapy (CPT) for 10 years. He said the limitation on that was that the only faculty he could invite had to be doing family and couple work. It's been going well. The program there is still going, even though the upcoming meeting has been postponed because of the coronavirus. Out of the CPT program in China grew an opportunity to do a basic psychotherapy course. A woman in China (Li Zhen) IPI has been working with (who finished the Core in April), offered us the opportunity to do a program through her platform. Her platform has 6 million members. A number of IPI people have given lectures, the smaller ones have had 60-100 participants. This allowed for publicizing the program, and the program started recently. A number of IPI faculty have participated. This has gone well. Pat has been there every session. 3 hour sessions with 1-1/2 hours didactic, then 1-1/2 hours of consultation in smaller groups. David said it presents an opportunity for some of our newer faculty members to teach. This has been expanded into a request for a child psychotherapy training program, also from the Li Zhen. Jill has been creating that, and they are hoping it will start in June. The course Pat chairs has 60 students in it, they come from all around China. The course Jill will chair will have a similar format – a weekend at the beginning and end in person, and the rest online.

Patrizia asked what the financial arrangements for these programs. David said the CPT program is outside of IPI. IPI is paid for the other two programs. The supervisors for the groups are paid as consultant supervisors. That is the only paid part. The teachers of the classes don't get paid. So IPI gets paid for the psychotherapy and the child psychotherapy programs. Caroline said that

the idea of establishing a financial reserve came up at the recent board meetings. IPI has never been able to establish a reserve. She said this particular program presents the first opportunity to build a reserve. She said she wants IPI to work towards this.

Jim said he would like to see these programs represented regularly on the SC. David has agreed to attend the SC. Charles raised the question from last month about whether there is a licensing agreement with a company. David said we have a contract with Li Zhen's company, which is a for-profit business. We have worked out how to do that legally. He said we now have a template to do it right. IPI has never done a contract with an outside group before, but we've never had an arrangement like this. David said Li Zhen is a good, honest partner. Charles said it sounded like the intellectual property of IPI as being utilized for something outside of IPI, and he wanted to think about the divided loyalty for a business project. David said that the contract states that the intellectual property always stays with the teacher. What they own is the physical recording they have put labour into – they have edited it, subtitled it, etc. They have no financial advantage beyond running the course. They won't use those recordings outside the course. Also, IPI has to approve any final edit. Caroline said the contract has been extensively reviewed and revised. IPI's attorney has been involved with similar contracts with other entities, and he has been very involved in creating this contract.

Michelle asked if there are thoughts of expanding these programs. David said yes, but we don't want to expand beyond our abilities. There are possibilities of programs in Russia and other places. Michelle said that one concern is how does this affect the faculty feeling stretched.

10. Date of next meeting: March 11, 2020

Respectfully submitted by Jim Poulton