

Steering Committee Minutes-with addendum
International Psychotherapy Institute
Wednesday, April 8, 2020, 12.00pm–1.00pm
Via Zoom Videoconference*

Members Present: Charles Asbach, Anna Baroso, Sue Cebulko, Karen Fraley, Jane Garbose, Anna Innes, Michael Kaufman, Karen Mohatt, Steve Morris, Patrizia Pallaro, Lorrie Peters, Jim Poulton, Michele Reed, David Scharff, Suzanne St. John, Mike Stadter, Carla Trusty-Smith

Absent: None

Minutes of last meeting: March 11, 2020 approved

- Director requested that since minutes are posted on the website, we move toward more cryptic recording i.e. without mentioning names so all can speak freely.

Executive Administrator's report: Anna Innes

Group expressed thanks to Anna for her extraordinary work while Angela has been sick for 2-weeks. Long days, complex transition to working from home, handling a lot. We need to be patient. Caroline and Anna trying to prioritize Anna's load. Anna says we are her connection to outside world.

Director's report: Caroline Sehon

- **COVID-19** impact & response: any suggestions are welcome. Also feedback about town hall meetings and website resources. Looking into a List serve to create solidarity; will follow up as this effort progresses.
- Our **teaching efforts on the Covid-19 front** have been very valued, and lucrative. Teachers were David, Jill, Janine, Caroline,
- Added members;183 IPI members now.

Diversity Committee: Patrizia Pallaro

Recommendation for potential weekend presenter: Dr. Tummala-Narra
<https://www.bc.edu/content/bc-web/schools/lynch-school/faculty-research/faculty-directory/usha-tummala-narra.html.html>

Dr. Usha Tummala-Narra conducts research on mental health and trauma within immigrant communities, focusing her work on cultural competence in psychotherapy. Her expertise includes areas of immigration, race, gender, interpersonal and collective trauma, and culturally informed psychoanalytic psychotherapy. She is a Professor at Boston College, in private practice, supervises.

Patrizia met her at New Orleans Division 29, 2 years ago. She is interested in coming. Perhaps some of us should review some of her on-line materials? Patrizia will send out some resources for review.

Core Program: Lorrie Peters

Asked for help thinking about the core. Second year class has 3, but 2 are wavering about whether they are continuing. Some would do it if on-line but not in person.

What if there ends up just being 1 member?

Will discuss these things at the retreat. What would Zoom calls between weekends look like? Should we consider reviewing some combination of more complex concepts of the weekends and intro level material in calls between weekends? Students have said it feels disjointed.

Steve Morris, PPP, is getting similar feedback.

Core group had a meeting for containment, as well.

April weekend Jane Garbose/Karen Fraley

13 registered for **weekend only** so far, could be really large group. There have been many schedule changes. Chairs have met with **Chris Kraft**, he is engaged and interesting. Still discussing how to handle Zoom-- work in progress—how to handle people wishing to speak. Will give passwords for zoom rooms so people won't get locked out. Working on guidelines and confidentiality using APsaA template.

Town Hall: Considering inviting Jeffrey Taxman about disasters in communities. Self-care as a particular area of interest—maybe Friday one-hour town hall meeting. Interactive conversation vs. intellectualized. Effects of quarantine, etc. Discussion about how this would be formatted in the interest of time and already crowded weekend. Great resource, how to use him now and/or in the future. We do have a recording of his presentation. Lunch time presentation? Will still have Saturday plenary.

Question was raised about starting the weekend in containing way given the primitive anxieties of the Pandemic. Should consider containment for the entire weekend. There is already the town hall and the plenary. Trying to achieve a balance with our frame. Concluded that town hall and plenary are well placed, to keep to the frame. Decision was originally made with intention to keep frame by not completely changing weekend topic to Covid-19.

Faculty Retreat

Format and content:

Starting at 9 a.m. to honour Salt Lake time difference.

- **Directors report**
Transparent financial report
Strategic plan
- **Open space for general conversation— COVID-19**
- **Melanie Bell** working on ways to promote IPI outside. E.g. posting on-line, various social media. Guidelines.
- **Mike Stadter, Chair of Colleague Assistance Committee:**
Will be recruiting additional member
Revised description of CAC on website
What are needs of colleagues?
Self-care in general and as an ethical issue, especially now with Coronavirus
Possible seminar on professional wills.
Discussion about what faculty might like in terms of support.
What form would that take (seminar with Jeff taxman as an example)?
Systematic offering of our talents and resources such as education on telehealth in outer community.
- **Core—Lorrie Peters, see above.**
- **ICTC**
Mitigation of duplication in our programs. Remit is an idea generating one that would become an interactive experience with the faculty at large.
A corollary of that is concern about faculty attrition, withering resources, loss in community, where to invest resources and how to be financially sustainable. Financial realities may not fully- understood by faculty. Also relates to overseas programs China, Russia Greece. Hoping for a balanced and in-depth representation of ideas. Conferences on-line: is this a direction we want to take?

Discussion about amount of material for retreat.

There were several comments that this might be too much material to be trying to cover in faculty retreat. Suggestion that we do break out groups if we are to cover this much. Some topics lend themselves better to either large group or break-out group format.

Recognizing that many people do not have an understanding about China project, and that the subject does not seem to make it to the top of the agenda to get discussed; still, there is the question whether this is this the right time to do it given all the variables—on-line format, full agenda and COVID-19.

ADDENDEM to minutes:

per subsequent same-day email from Caroline (after meeting with Jane and Karen).

Update:

- Town Hall meeting will occur on Fri. mid-day (as disc'd) and on this occasion, we will not invite Jeff Taxman (maybe in the future);
- Retreat and weekend: start time 9 a.m. - draft faculty schedule likely to go out tomorrow.
- Faculty retreat: combo of small and large group discussions based on your input
- Areas of focus at retreat will be kept to a manageable level not to overcrowd schedule and to provide room for mingling

Volunteers are needed for the following roles:

- Co-leaders of large faculty process group at faculty retreat (need 2 persons);
- GAM group leader for Sat morning (probably need 2-3 persons);
- Weekend only GAM group leaders (we now have 13 registrants and I would guess we will have 20) I will need 2-3 persons
- GAM group co-leaders for faculty small group (for 3 sessions, 2 persons needed)

Minutes respectfully submitted by Carla Trusty-Smith
Date of next meeting: May 13, 2020